

COVID-19 Policy for the Sigma Chi Chapter House

Providing a Safe Environment and the Best Possible Fraternity
Experience for our Undergraduate Brothers

Prevention

- Clean commonly touched surfaces daily, and do a deep clean if someone comes down with the illness.
- Encourage washing of hands with soap and water often, or use sanitizer that is at least 65% alcohol.
- Serve all meals with social distancing using individually disposable containers, no buffets or salad bars, and no commonly-touched utensils.
- Restrict outsiders from coming on site. Only necessary services allowed in.
- All social events should be cleaned before and after.
- No one should attend if they feel sick or has any symptoms.
- Brothers should self-isolate immediately as soon as they don't feel well.

Symptoms may appear 2-14 days after exposure to the virus. Brothers with these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Quarantining

If an in-house brother has symptoms, he must be isolated immediately. Quarantine is ok in the house, but he should have his own room and bath. He must keep 6 feet away from everyone. If there is shortness of breath, call a doctor immediately. Quick notification to everyone who came in contact with him, and they should self isolate. Call the Student Health Center at (559) 278-2734 between 7:00 AM - 3:15 PM to schedule a telephone appointment.

CDC Symptom-based strategy for quarantine

Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and,
- At least 10 days have passed since symptoms first appeared.